

# Register Today

## Creating Opportunities for Healthy Communities Course

This interactive course will provide basic knowledge about how our social networks, community structures and local and state policies affect our health and health behavior. Its goal is to discuss the importance of planning and implementing public health strategies to create environments that make the healthy choice the easy choice and support healthy living.

Upon completion of this course, participants will be able to describe the systemic and environmental factors that influence health and health behaviors; describe the social-ecological model and steps involved in using it to select strategies for improving public health, and describe how local organizations and communities can implement important policy change strategies.

*View the full [course announcement](#)*



**Free online  
course**

**This online self study course is currently available at [cphplearn.org](http://cphplearn.org).**



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