

## Prevention, treatment and recovery

### Purpose and overview

This detailed policy scorecard provides information about addiction-related policy changes enacted in Ohio from 2013-2017. The scorecard:

- Describes the current status of evidence-based policies, programs and practices in Ohio
- Rates the extent to which these policies and programs align with evidence on what works
- Rates the extent to which these policies and program are reaching Ohioans in need
- Identifies opportunities for improvement

For a summary of the scorecard's key findings and a description of the scorecard methodology, see the [full report](#).

This document contains the following sections:

- Definitions of the detailed scorecard rating levels and a list of acronyms
- Tables that describe Ohio's implementation of evidence-based policies, programs and practices
- Tables that list the sources of evidence used to develop this scorecard

### Definition of scorecard levels

	Ohio alignment with evidence	Extent of implementation, reach and funding in Ohio
<b>Strong</b>	Services, programs and policies being implemented in Ohio are highly consistent with the most rigorously-evaluated and effective evidence-based approaches in this category.	Services and programs are being implemented throughout the entire state (statewide or > 80 counties), are reaching a majority of intended groups of Ohioans and are funded at the level needed to implement widespread, effective programming with fidelity to the evidence-based model. Policies are being monitored, implemented and enforced as intended.
<b>Moderate</b>	Services, programs and policies being implemented in Ohio are mostly consistent with recommended evidence-based approaches in this category.	Services and programs are being implemented in at least 40-80 counties, are reaching large numbers of intended groups of Ohioans and/or are funded adequately to meet current capacity and demand. Policies are likely being implemented and enforced as intended, although rigorous monitoring information may not be available.
<b>Mixed</b>	Some services, programs or policies being implemented in Ohio have moderate or weak alignment with evidence, but a significant number of services, programs or policies being implemented have weak alignment.	Within this category, Ohio is implementing some services or programs with "strong" or "moderate" implementation reach (defined above), but is also implementing a significant number of services or programs with "weak" implementation reach (defined below). Some policies are being implemented as intended and enforced, while others are not.
<b>Weak</b>	Services, programs and policies being implemented in Ohio are not consistent with recommended evidence-based approaches within this category.	Services and programs are being implemented in fewer than 40 counties, are only reaching a small proportion of intended groups of Ohioans, and/or funding is inadequate to meet demand. Policies are not being implemented as intended and/or are not being enforced.
<b>Unknown/ More information needed</b>	Adequate information to determine evidence alignment is not currently available.*	Adequate information to determine implementation reach is not currently available.*

\*Note that this information may be available within specific counties, but is not available for an overall statewide basis.

## Acronyms

### General terms

Cognitive behavioral therapy (CBT)  
Continuing Medical Education (CMEs)  
Drug Abuse Resistance Education (DARE)  
General Assembly (GA)  
House bill (HB)  
Medication-Assisted Treatment (MAT)  
Mid-biennium review (MBR)  
Morphine Equivalent Dose (MED)  
Ohio Administrative Code (OAC)  
Ohio Automated Rx Reporting System (OARRS)  
Prescription Drug Monitoring Program (PDMP)  
Positive Behavior Interventions and Supports (PBIS)  
Screening Brief Intervention and Referral to Treatment (SBIRT)  
Senate bill (SB)  
Washington State Institute for Public Policy (WSIPP)

### Government agencies

#### State/local

Alcohol, Drug and Mental Health Board (ADAMH)  
Governor's Cabinet Opiate Action Team (GCOAT)  
Governor's Office of Health Transformation (OHT)  
Ohio Department of Administrative Services (DAS)  
Ohio Department of Health (ODH)  
Ohio Department of Medicaid (ODM)  
Ohio Department of Mental Health and Addiction Services (OMHAS)  
Ohio Department of Public Safety (DPS)  
Ohio Department of Rehabilitation and Corrections (DRC)  
Ohio Public Employees Retirement System (OPERS)

#### Federal

Centers for Disease Control and Prevention (CDC)  
Drug Enforcement Agency (DEA)  
Office of Juvenile Justice and Delinquency Prevention (OJJDP)  
National Academies of Science, Engineering and Medicine (NASEM)  
U.S. Department of Health and Human Services (HHS)  
U.S. Department of Health and Human Services, Office of the Surgeon General (shortened to Surgeon General's Office)  
U.S. Department of Veterans Affairs (VA)  
U.S. Preventive Services Task Force (USPSTF)

## Prevention

Table 1. Appropriate use of, and access to, prescription opioids: Prescribing and dispensing

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<p><u>Opioid prescribing limits for acute pain</u></p>	<p>Moderate evidence alignment</p>	<p>Strong implementation reach</p>	<ul style="list-style-type: none"> <li>• Monitor and evaluate the 2017 prescribing limits</li> <li>• Based on evaluation results, consider revising prescribing limits to meet the CDC recommendation (3 days<sup>2</sup>) or the VA recommendation (3-5 days)  <b>Note:</b> Other states have prescribing limits of 3-5 days, such as Kentucky, Minnesota and New Jersey.</li> <li>• Increase enforcement of prescribing limits</li> <li>• Offer education and technical assistance to help providers operationalize and implement prescribing limits</li> </ul>
<p><u>Other opioid prescribing guidelines for acute pain</u></p>	<p>Strong evidence alignment</p>	<p>Unknown implementation reach</p>	<p>Offer education and technical assistance to help providers operationalize and implement prescribing guidelines</p>
<p><u>Opioid prescribing guidelines for chronic pain</u> (non-cancer, non-terminal pain)</p>	<p>Strong evidence alignment</p>	<p>Unknown implementation reach</p>	<ul style="list-style-type: none"> <li>• Revise the opioid prescribing guidelines for chronic pain so that the trigger point for treatment reevaluation is 50 mg MED, as recommended by the CDC<sup>5</sup></li> <li>• Offer education and technical assistance to help providers to operationalize and implement prescribing guidelines</li> </ul>

Table 1. **Appropriate use of, and access to, prescription opioids: Prescribing and dispensing** (cont.)

Evidence-based policy, program or practice*	Ohio status (brief description of Ohio implementation)**		Opportunities for improvement
<b>Prescription Drug Monitoring Program (PDMP)</b>	<b>Strong evidence alignment</b> <b>Moderate implementation reach</b>		<ul style="list-style-type: none"> <li>• Continue to adopt additional evidence-based practices to increase OARRS utilization, including greater use of unsolicited reports to flag potentially harmful drug use or prescribing activity</li> <li>• Increase integration with electronic health records, including with the VA system</li> <li>• Increase enforcement of PDMP requirements and regulations</li> <li>• Using the TTAC Best Practice Checklist, identify additional steps Ohio can take to improve OARRS performance and outcomes<sup>10</sup></li> </ul>
<b>E-prescribing of controlled substances (EPCS)<sup>11</sup></b>	<b>Moderate evidence alignment</b> <b>Strong implementation reach</b>		Create e-prescribing requirements for controlled substances, similar to New York's EPCS requirement

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Table 2. **Appropriate use of, and access to, prescription opioids: Non-opioid pain management**

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<b>Provider and patient education on non-opioid pain management</b>	<b>Strong evidence alignment</b> <b>Weak implementation reach</b>		Require providers with DEA registration to prescribe controlled substances to complete mandatory CME credits on addiction, opioid and benzodiazepine prescribing, appropriate pain management and other relevant topics
<b>Insurance coverage for non-opioid pain management- Complementary and integrative therapies</b> (acupuncture, massage, chiropractic/spinal manipulation) (through public payers)	<b>Strong evidence alignment</b> <b>Unknown implementation reach</b>		<p><b>Medicaid</b></p> <ul style="list-style-type: none"> <li>• Increase awareness of Medicaid coverage of acupuncture, massage and chiropractic care among enrollees and providers</li> <li>• Monitor utilization and effectiveness of acupuncture, consider expanding coverage for additional conditions, and extend acupuncture access to counties that do not currently have it</li> </ul> <p><b>Retired state employees</b></p> Explore coverage of acupuncture and massage for pain management for retired state employees
<b>Insurance coverage for non-opioid pain management- Rehabilitative therapies</b> (physical therapy, occupational therapy, multi-disciplinary) (through public payers)	<b>Strong evidence alignment</b> <b>Strong implementation reach</b>		<p><b>Medicaid</b></p> <ul style="list-style-type: none"> <li>• Increase awareness of the role of physical and occupational therapy for pain management among Medicaid patients and providers</li> <li>• Improve Medicaid Non-Emergency Medical Transportation in order to increase access to physical and occupational therapy appointments</li> </ul> <p><b>Retired state employees</b></p> <ul style="list-style-type: none"> <li>• Increase awareness of the role of physical and occupational therapy for pain management among OPERS-covered patients and providers</li> </ul>

- In 2017, ODH and other state agencies launched the Take Charge Ohio campaign to promote safe pain management and medication use, consistent with evidence-based guidelines.
- Although physician owner/operators of pain management clinics must complete 20 hours of CME in pain medicine every 2 years<sup>13</sup>, other Ohio healthcare providers are not required to be trained in addiction or pain management.

**Medicaid**  
 In 2017, Ohio Medicaid added acupuncture as a covered service for non-opioid pain management (for lower back pain and migraines), and added acupuncturists as certified providers in 2018.

- 27 counties have at least one acupuncture provider eligible to receive Medicaid reimbursement.
- Ohio Medicaid covers chiropractor services (15 visits every 12 months for adults age 21+).
- Ohio Medicaid covers therapeutic massage if provided by a physician, physical therapist or other certified provider.

**Retired state employees**

- OPERS does not cover acupuncture or massage.
- OPERS covers up to 10 chiropractic visits within the benefit period.

*Note: DAS declined to provide information to HPIO on coverage of non-opioid pain management therapies. Current state employees are therefore not included in this section of the scorecard.*

**Medicaid**

- Ohio Medicaid covers 30 visits for physical and occupational therapy combined every 12 months.
- Physical therapy and occupational therapy are available in all regions of the state.

**Retired state employees**

- OPERS covers physical and occupational therapy, with some limits and subject to deductible and coinsurance

Table 2. **Appropriate use of, and access to, prescription opioids: Non-opioid pain management** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<b>Insurance coverage for non-opioid pain management-Exercise and movement</b> (tai chi, yoga and other exercise) (through public payers)	<b>Weak evidence alignment</b> <b>Weak implementation reach</b>		<b>Medicaid and retired state employees</b> <ul style="list-style-type: none"> <li>• Increase utilization of tai chi, yoga and other exercise-related evidence-based pain management among physical and occupational therapists</li> <li>• Explore reimbursement for these activities through Medicaid and state employee coverage</li> <li>• Build upon the Ohio Injury Prevention Partnership's efforts to expand availability of Tai Chi in Ohio (for older adult fall prevention)</li> <li>• Increase awareness among Medicaid enrollees, state employees and providers about these activities as pain management strategies</li> </ul>
<b>Insurance coverage for non-opioid pain management-Psychological</b> (CBT, progressive relaxation, mindfulness-based stress reduction, operant therapy) (through public payers)	<b>Mixed evidence alignment</b> <b>Unknown implementation reach</b>		<b>Medicaid and retired state employees</b> <p>Increase use of CBT, progressive relaxation and other stress reduction therapies for pain management among physical and behavioral health providers</p> <p>Increase awareness among Medicaid enrollees, state employees and providers about these activities as pain management strategies</p>
<b>Insurance coverage for other non-pharmacologic, non-opioid pain management</b> (e.g. biofeedback, laser therapy) (through public payers)	<b>Weak evidence alignment</b> <b>Weak implementation reach</b>		<b>Medicaid</b> <p>Explore Medicaid reimbursement for biofeedback and laser therapy for pain management</p>

Table 2. **Appropriate use of, and access to, prescription opioids: Non-opioid pain management** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<b>Insurance coverage for non-opioid pain management- Pharmacologic</b> (NSAIDs, muscle relaxants, topicals) (through public payers)	<b>Strong evidence alignment</b>	<b>Unknown implementation reach</b>	<ul style="list-style-type: none"> <li>Assess the extent to which these medications are being used for pain management</li> <li>Increase provider use of these medications as an alternative to opioids</li> </ul>
<b>Prescription drug disposal and take-back programs</b>	<b>Strong evidence alignment</b>	<b>Weak implementation reach</b>	Increase the number of pharmacies participating in drug disposal and take-back programs

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Table 3. **Child and family-focused prevention**

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<p><b>Early childhood interventions (ages 0-5): Nurse-Family Partnership home visiting program</b></p> <p></p>	<b>Strong evidence alignment</b>	<b>Weak implementation reach</b>	<ul style="list-style-type: none"> <li>• Expand Nurse-Family Partnership to reach more low-income families</li> <li>• Implement Nurse-Family Partnership in more counties, prioritizing counties with high rates of drug overdose deaths</li> </ul>
<p><b>Early childhood interventions (ages 0-5): Other evidence-based home visiting programs</b></p> <p></p>	<b>Strong evidence alignment</b>	<b>Moderate implementation reach</b>	<p>Expand Help Me Grow to reach more low-income Ohio families</p>
<p><b>Early childhood interventions (ages 0-5): Parenting education</b> (such as Incredible Years and similar programs with substance use reduction outcomes)</p>	<b>Strong evidence alignment</b>	<b>Unknown implementation reach</b>	<p>Expand Incredible Years and other evidence-based parenting education programs to reach more families</p>
<p><b>School-based universal prevention programs: PAX Good Behavior Game and Botvin Life Skills</b></p> <p></p>	<b>Strong evidence alignment</b>	<b>Unknown implementation reach</b>	<ul style="list-style-type: none"> <li>• Increase funding to schools and community partners to support training, ongoing technical support and implementation of these programs</li> <li>• Improve monitoring and evaluation of school-based prevention programs</li> </ul>

Table 3. **Child and family-focused prevention** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<b>School-based universal prevention programs: DARE and Keepin' it REAL</b>	<b>Moderate evidence alignment</b>	<b>Moderate implementation reach</b>	Ensure that all DARE officers are implementing Keepin' It REAL, or some other evidence-based curriculum
	<ul style="list-style-type: none"> <li>• Although the traditional DARE program (1983-2009) was not found to be effective in reducing youth substance use<sup>18</sup>, a newer DARE curriculum, Keepin' it REAL, has been evaluated and found to be effective.<sup>19</sup></li> <li>• The AG's office provides prevention grants to local law enforcement agencies. Grantees can select an evidence-based curriculum to implement and most select Keepin' It REAL.</li> <li>• In 2014-2015, the AG provided approximately \$3 million to 157 local agencies to implement DARE with almost 362,000 students.<sup>20</sup></li> <li>• In 2017-2018, the AG provided approximately \$3 million to 130 agencies, representing 58 counties.<sup>21</sup></li> </ul>		

Table 3. **Child and family-focused prevention** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<p><b>Other school-based prevention programs for children ages 5-17</b> (universal or selective prevention)</p>	<b>Mixed evidence alignment</b>	<b>Unknown implementation reach</b>	<ul style="list-style-type: none"> <li>• Add information about evidence-based universal prevention programs and the HOPE curriculum to the Opioid Abuse Prevention Requirements for Schools (HB 367) website (e.g., links to evidence registries such as the OJJDP Model Programs Database or WSIPP) and better support districts to implement them</li> <li>• Ensure that school-based drug prevention includes all substances (marijuana, alcohol, tobacco, methamphetamine, etc.), in addition to opioids</li> <li>• Improve monitoring and evaluation of school-based prevention programs, including assessment of the extent to which evidence-based programs are reaching Ohio students of all ages</li> <li>• Implement other recommendations from the AG's 2017 Joint Study Committee</li> <li>• Monitor implementation of the HOPE curriculum and evaluate impact on outcomes</li> <li>• Establish health education standards for the state of Ohio</li> <li>• Evaluate professional development received by licensed teachers to plan and conduct health education</li> <li>• Support efforts to improve school climate, build social-emotional skills and fully implement PBIS</li> <li>• Expand school-based behavioral health services</li> </ul>
	<p><b>K-12 drug prevention education requirements</b></p> <ul style="list-style-type: none"> <li>• HB 367 (2014) required the Board of Education for each local school district to select a health curriculum that includes instruction on the dangers of prescription opioids.</li> <li>• ODE guidance to districts on HB 367 includes grade-band-appropriate information specific to prescription opioids, but does not include information about more comprehensive, evidence-based programs or about the K-12 Health and Opioid Abuse Prevention Education (HOPE) curriculum.</li> <li>• HB 49 (2018-19 state operating budget) required teacher preparation programs to include instruction on opioid and other substance abuse prevention. Guidance on this provision refers back to the HB 367 materials mentioned above, as well as Start Talking! and Generation Rx.</li> <li>• Ohio is the only state that does not have comprehensive health education standards.</li> </ul> <p><b>State agency activities</b></p> <ul style="list-style-type: none"> <li>• In 2017, OMHAS released the HOPE curriculum to help schools meet HB 367 requirements. Teacher training on the curriculum is to begin in 2018.</li> <li>• OMHAS has implemented several educational campaigns with school-based components, including: 5 Minutes for Life campaign, Start Talking!, Know! Tips and TEACHable Moments.</li> <li>• Since 2013, OMHAS has awarded approximately \$2 million per year to local communities through SAMHSA Safe Schools Healthy Students grant funds, and in partnership with ODH, worked with communities to develop infrastructure and capacity for preventing and reducing risk factors associated with behavioral health and including alcohol, tobacco and other drugs (ATOD).<sup>22</sup></li> <li>• The AG's 2017 Joint Study Committee on Drug Use Prevention Education report made 15 recommendations to improve drug prevention, including school-based programs.</li> </ul> <p><b>Implementation reach</b></p> <ul style="list-style-type: none"> <li>• School districts around the state are implementing various drug prevention curricula. A comprehensive inventory of the number of schools or students receiving evidence-based programming is not currently available.</li> <li>• OMHAS has hired an external evaluator to survey schools and other partners in order to gather this information. Results should be available in 2018.</li> </ul>		

Table 3. **Child and family-focused prevention** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<b>Community or family-based prevention programs for children ages 5-17, including mentoring</b> (universal or selective prevention)	<b>Unknown evidence alignment</b> <b>Unknown implementation reach</b>		Assess the extent to which ADAMH boards are investing in evidence-based prevention activities
<ul style="list-style-type: none"> <li>• Mentoring programs, such as Big Brothers Big Sisters, are an evidence-based approach being implemented in many Ohio communities. A comprehensive, statewide inventory of these programs is not currently available.</li> <li>• All ADAMH boards receive funding allocations for prevention services, including youth-led prevention. Rigorous research evidence on the effectiveness of youth-led prevention is not currently available.</li> <li>• OMHAS funds the Prevention Action Alliance (PAA) to oversee the Ohio Youth Led Prevention Network (OYLPN) and the Ohio Youth Council (OYC). Fifty counties have at least one OYLPN affiliate.</li> </ul>			
<b>Community mobilization to reduce youth access to tobacco</b>  	<b>Strong evidence alignment</b> <b>Mixed implementation reach</b>		Increase the number of local communities participating in evidence-based approaches to reducing youth access to tobacco, including advocacy for Tobacco 21
	<ul style="list-style-type: none"> <li>• In 2014, HB144 prohibited children from using or purchasing alternative nicotine products.</li> <li>• ODH funds 20 counties to engage youth in tobacco prevention activities, including collection of tobacco marketing data, compliance checks with sales to minors laws and marketing to counter the marketing of tobacco.</li> <li>• 9 local communities have passed "Tobacco 21" laws raising the minimum age to purchase tobacco products</li> </ul>		
<b>Enhanced enforcement of laws prohibiting sales of alcohol to minors</b>	<b>Strong evidence alignment</b> <b>Unknown implementation reach</b>		Ensure continuation of compliance checks and appropriate follow-up action
	OMHAS funds programs to assess retailer compliance on refusing to sell alcohol and tobacco to minors.		

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**SHIP:** 2017-2019 State Health Improvement Plan

Table 4. Other community-based prevention

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<b>Prevention programs for ages 18+</b> (including college and workplace programs)	<b>Weak evidence alignment</b>	<b>Weak implementation reach</b>	<ul style="list-style-type: none"> <li>Expand community-based prevention efforts to reach adults ages 25-64—the group with the highest rates of overdose deaths</li> <li>Given that overdose death rates are much higher among Ohioans with lower levels of education, community-based prevention activities for adults who are not enrolled in college should be explored. Workplace programs, particularly in lower-wage industries, may be an effective way to reach this population.</li> </ul>
<b>Local community prevention coalitions</b> using evidence-based models, such as Communities that Care and PROSPER	<b>Unknown evidence alignment</b>	<b>Unknown implementation reach</b>	<ul style="list-style-type: none"> <li>Conduct an environmental scan to identify all of the community addiction prevention coalitions in the state supported by OMHAS, ODH, the AG or other state or local entities</li> <li>Use the results to improve coordination, information-sharing and implementation of evidence-based approaches</li> </ul>
<b>Smoke-free policies</b>  	<b>Strong evidence alignment</b>	<b>Strong implementation reach (workplace)</b>	<ul style="list-style-type: none"> <li>Maintain and enforce Ohio's smoke-free workplace law, including prompt collection of fines for violations</li> <li>Support implementation and enforcement of HUD smoke-free multi-unit housing rule</li> </ul>

Table 4. **Other community-based prevention** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<p><b>Increase unit price for tobacco products</b></p> <p></p>	<b>Moderate evidence alignment</b> <sup>23</sup>	<b>Strong implementation reach</b>	<ul style="list-style-type: none"> <li>• Increase excise taxes on cigarettes/ other tobacco products and/or allow local municipalities to do so. Impacts on tobacco use are proportional to the size of the price increase</li> <li>• Revise Ohio's minimum price law to prohibit the use of price discounting tactics</li> </ul>
<p><b>Media campaigns for tobacco prevention</b></p> <p></p>	<b>Strong evidence alignment</b>	<b>Weak implementation reach</b>	<p>Increase investment in mass media campaigns aimed at youth and adults</p>
<p><b>State funding for tobacco prevention and control</b></p>	<b>Weak evidence alignment</b> <sup>24</sup>	<b>Weak implementation reach</b>	<p>Increase funding for tobacco prevention and control to better align with the CDC's minimum recommended amount of \$92 million per year</p>
<p><b>Increase alcohol taxes</b></p>	<b>Weak evidence alignment</b> <sup>25</sup>	<b>Weak implementation reach</b>	<p>Increase excise taxes for beer, wine and other alcohol products</p>

Table 4. **Other community-based prevention** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
Regulate alcohol outlet density	<b>Weak evidence alignment</b>	<b>Weak implementation reach</b>	Reduce alcohol outlet density by increasing existing liquor licensing restrictions
	<ul style="list-style-type: none"> <li>• The Ohio Department of Commerce Division of Liquor Control is responsible for controlling the manufacture, distribution, licensing, regulation, and merchandising of beer, wine, mixed beverages and spirituous liquor.</li> <li>• There are no state-level efforts underway to reduce alcohol outlet density in Ohio from current levels.</li> </ul>		
Dram shop (commercial host) liability and other alcohol sales restrictions	<b>Moderate evidence alignment</b>	<b>Moderate implementation reach</b>	Strengthen the commercial host liability law, and/or strengthen enforcement of current law
	<ul style="list-style-type: none"> <li>• Ohio has a commercial host liability law, with some limitations.<sup>26</sup></li> <li>• SB 7 (2015) prohibits the sale of powdered alcohol.</li> </ul>		

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**SHIP:** 2017-2019 State Health Improvement Plan

## Treatment

Table 5. **Screening and early intervention**

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<p><b>Screening, Brief Intervention and Referral to Treatment (SBIRT) for adults</b> and screening practices consistent with the USPSTF screening recommendation for primary care providers (adult alcohol misuse)</p> <p> Included in SHIP</p>	<p><b>Strong evidence alignment</b></p>	<p><b>Unknown implementation reach</b></p> <ul style="list-style-type: none"> <li>• In 2013, SBIRT became a Medicaid billable service.</li> <li>• OMHAS has received federal funding to support SBIRT training and implementation in 18 counties (\$10 million SAMHSA grant in 2013, plus Cures STR grant funds).</li> <li>• SBIRT is provided to caregivers participating in Help Me Grow home visiting.</li> <li>• Stakeholders report that SBIRT implementation in Ohio has focused primarily on screening, while referral to treatment may be lacking.</li> <li>• The total number of patients who are receiving SBIRT or number of providers who are implementing SBIRT in Ohio is unknown.</li> </ul>	<p>Strengthen implementation and monitoring of “referral to treatment” component of SBIRT</p>
<p><b>SBIRT for adolescents</b> and screening consistent with American Academy of Pediatrics Policy statement on alcohol use by youth</p>	<p><b>Strong evidence alignment</b></p>	<p><b>Unknown implementation reach</b></p> <ul style="list-style-type: none"> <li>• OMHAS is not currently funding SBIRT for adolescents. Private foundations and some school districts are supporting SBIRT in some communities.</li> <li>• ODH provided in-person SBIRT training to 100 school nurses and has made online SBIRT study available through the OhioTrain online training website.</li> </ul>	<p>Integrate SBIRT into school-based health services</p>

Table 5. **Screening and early intervention** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<p><b>Tobacco use screening</b></p> <p> Included in SHIP</p>	Moderate evidence alignment	Unknown implementation reach	<ul style="list-style-type: none"> <li>• Review performance data on tobacco screening and cessation, set targets and identify specific strategies to increase effective tobacco use screening and cessation services among providers who participate in CPC and/or Medicaid</li> <li>• Increase provider awareness of effective screening methods, cessation referral sources and Medicaid cessation coverage</li> <li>• Increase patient awareness of Medicaid cessation coverage</li> </ul>
<p><b>OHT and ODM</b></p> <ul style="list-style-type: none"> <li>• Ohio's Comprehensive Primary Care Program (CPC) clinical quality metrics include a tobacco screening and cessation metric.<sup>27</sup></li> <li>• Starting in 2017, ODM added the same quality metric as a contract requirement for managed care plans.</li> <li>• Performance on this metric for CPC and managed care plans has not yet been reported. State-level data on the percent of patients appropriately screened for tobacco use is therefore not currently available.</li> <li>• ODM is not currently undertaking any initiatives to increase enrollee use of cessation services.</li> </ul> <p><b>ODH</b></p> <ul style="list-style-type: none"> <li>• ODH funds 5 community cessation projects in 12 counties to develop capacity to address adult tobacco dependence, including training on tobacco use screening and referral for healthcare providers.</li> <li>• ODH also funds 3 Disparity Demonstration Projects designed to decrease tobacco use among high-risk groups (people with mental illness, people with disabilities, low-income Ohioans).</li> <li>• ODH does not currently fund any programs to support screening or cessation for youth tobacco use.</li> </ul>			

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**SHIP:** 2017-2019 State Health Improvement Plan

Table 6. Treatment services

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<p><b>Medication-Assisted Treatment for opioid use disorder</b></p> <p></p>	<p><b>Strong evidence alignment</b></p>	<p><b>Weak implementation reach</b> (with efforts under way to increase to moderate)</p>	<ul style="list-style-type: none"> <li>• Increase the number of counties that have all 3 types of MAT, including better access to methadone and buprenorphine in rural counties</li> <li>• Increase percent of substance abuse treatment facilities and primary care providers that offer MAT</li> <li>• Assess the extent to which providers with waivers to prescribe buprenorphine are actually providing this service</li> <li>• Ensure that certified buprenorphine prescribers are maximizing their ability to fill capacity gaps, while adhering to ASAM guidelines and state and federal regulations</li> <li>• Assess the extent to which MAT medications are being paired with effective psycho-social approaches and improve integration as needed</li> <li>• Integrate MAT into primary care and specialty (e.g., OB/GYN) medical practices</li> <li>• Increase collaboration between state and federal regulatory bodies responsible for MAT (Medical Board, Pharmacy Board, DEA)</li> </ul>
<p><b>Medication-Assisted Treatment for alcohol use disorder</b></p>	<p><b>Strong evidence alignment</b></p>	<p><b>Unknown implementation reach</b></p>	<p>Medicaid Managed Care organizations and other payers can cover Vivitrol and other FDA-approved MAT utilization for alcohol use disorder</p>
<p><b>Behavioral therapies/ Psychosocial treatment for substance use disorder</b></p>	<p><b>Strong evidence alignment</b></p>	<p><b>Weak implementation reach</b> (with efforts under way to increase to moderate)</p>	<ul style="list-style-type: none"> <li>• Increase education of addiction treatment providers on evidence based practices</li> <li>• Track and evaluate the extent to which MAT is accompanied by evidence-based psychosocial counseling across the state</li> </ul>

Table 6. **Treatment services** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<b>Treatment for infants with Neonatal Abstinence Syndrome (NAS)</b>	<b>Strong evidence alignment</b>	<b>Moderate implementation reach</b>	<ul style="list-style-type: none"> <li>• Evaluate the NAS project and assess whether adjustments should be made</li> <li>• If the evaluation results are favorable, expand the reach of the project; consider strategies to implement the protocol statewide</li> <li>• Increase adoption of the NAS protocol as a standard form of practice in all Level 1 and Level II NICUs</li> </ul>
<b>Treatment for pregnant women with substance use disorder, including appropriate use of MAT</b>	<b>Strong evidence alignment</b>	<b>Weak implementation reach</b>	<ul style="list-style-type: none"> <li>• Evaluate MOMS 2.0 and assess whether adjustments to the program should be made</li> <li>• If the evaluation results are favorable, expand the reach of MOMS</li> <li>• Ensure that MOMS providers are adhering to ASAM dosing guidelines for MAT for pregnant women<sup>35</sup></li> </ul>
<b>Drug courts and specialized dockets</b>	<b>Strong evidence alignment</b>	<b>Moderate implementation reach</b>	<ul style="list-style-type: none"> <li>• Create and follow an evidence-based standard of MAT utilization in drug courts and jails/prisons</li> <li>• Adopt diversion programs to encourage low-level, non-violent offenders to seek addiction treatment</li> <li>• Adjust sentencing requirements (i.e., mandatory sentencing) to increase the use of alternative sentencing programs</li> </ul>

Table 6. **Treatment services** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<b>Treatment referral for justice-involved clients with substance use disorder, including appropriate use of MAT</b>	<b>Strong evidence alignment</b>	<b>Moderate implementation reach</b>	<ul style="list-style-type: none"> <li>• Increase access to MAT and other substance abuse treatment services while individuals are incarcerated</li> <li>• Increase the number and reach of transitional services to individuals who are reentering into the community (treatment services, recovery supports, healthcare access, job training, etc.)</li> </ul>
<b>Tobacco cessation treatment within healthcare setting</b> 	<b>Moderate evidence alignment</b>	<b>Weak implementation reach</b>	<p>Launch a high-intensity effort to increase cessation services by healthcare providers, with particular emphasis on Medicaid enrollees</p>
<b>Tobacco cessation treatment within healthcare setting: Pregnant women</b> 	<b>Strong evidence alignment</b>	<b>Weak implementation reach</b>	<p>Increase awareness of cessation services for pregnant women among healthcare providers</p>

Table 6. **Treatment services** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<b>Tobacco quitlines and mobile phone-based cessation programs</b> 	<b>Strong evidence alignment</b> <ul style="list-style-type: none"> <li>The Ohio Tobacco Quit Line, which provides evidence-aligned quit coaching and nicotine replacement therapy, is highly effective for those who can access it, but utilization is much lower than in most other states.<sup>37</sup></li> <li>Access to Ohio's Quit Line is not universal. Many privately-insured Ohioans do not have access to the Quit Line.</li> <li>As of July 1, 2016, all Medicaid and Medicare enrollees are eligible to enroll in the Quit Line.</li> </ul>	<b>Weak implementation reach</b>	<ul style="list-style-type: none"> <li>Remove all barriers to use of the Quit Line</li> <li>Expand awareness, use and capacity of the Quit Line</li> </ul>

\*As identified in the HPIO [Evidence Resource Page: Prevention, Treatment and Recovery](#)

\*\*As of December 2017, as identified in the Ohio policy inventory and information from state agencies. Note that the inventory includes policy changes enacted in 2013 to 2017. Some policies prior to 2013 are included in this detailed scorecard when highly relevant.

**SHIP:** 2017-2019 State Health Improvement Plan

Table 7. Treatment system access and coverage

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<p>Insurance coverage: Access to coverage, including Medicaid</p> <p>Included in SHIP </p>	<p><b>Strong evidence alignment</b>      <b>Strong implementation reach</b></p>		<ul style="list-style-type: none"> <li>• Continue policies that have contributed to Ohio's historically low uninsured rate, including maintenance of current Medicaid extension eligibility levels</li> <li>• Ensure that Medicaid managed care plans provide adequate coverage for all forms of evidence-based substance abuse treatment, including MAT coverage consistent with ASAM guidelines</li> <li>• Assess the extent to which Medicaid Managed Care organizations are held accountable for paying for services</li> </ul>
<p>Insurance coverage: Parity for behavioral health care</p> <p>Included in SHIP </p>	<p><b>Moderate evidence alignment</b>      <b>Unknown implementation reach</b></p>		<ul style="list-style-type: none"> <li>• Actively promote awareness of federal and state parity laws</li> <li>• Strengthen monitoring and enforcement of federal behavioral health parity law, regulations and guidance</li> <li>• Address problems identified through the consumer hotline</li> </ul>

\*As identified in the HPIO [Evidence Resource Page: Prevention, Treatment and Recovery](#)

\*\*As of December 2017, as identified in the Ohio policy inventory and information from state agencies. Note that the inventory includes policy changes enacted in 2013 to 2017. Some policies prior to 2013 are included in this detailed scorecard when highly relevant.

**SHIP:** 2017-2019 State Health Improvement Plan

Table 8. Treatment system capacity and workforce

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<p><b>Treatment system capacity</b></p>	<p><b>Unknown evidence alignment</b> (implementation in progress)      <b>Unknown implementation reach</b></p>		<ul style="list-style-type: none"> <li>Improve data collection and reporting on need for and utilization of addiction treatment services in order to be able to better assess treatment system capacity and current and future workforce needs</li> </ul>
<p><b>Behavioral health workforce</b> (including workforce development programs such as higher education financial incentives, health career recruitment for minority students and career pathways programs)</p> <p></p>	<p><b>Moderate evidence alignment</b>      <b>Unknown implementation reach</b></p>		<ul style="list-style-type: none"> <li>Strengthen the behavioral health workforce through increased reimbursement rates, enhancing the Behavioral Health Workforce Initiative and continuing to build integration with physical health care</li> <li>Develop behavioral health workforce pipeline programs, including outreach to increase the diversity and cultural competence of addiction treatment workforce</li> </ul>

**Behavioral Health Redesign**

- OHT, OMHAS and ODM are leading Behavioral Health Redesign, an initiative to improve community behavioral health system capacity. Key components of the initiative include recoding all Medicaid behavioral health services, a Specialized Recovery Services (SRS) program for adults with severe and persistent mental illness and carving Medicaid behavioral health benefits into managed care.
- Behavioral Health Redesign began in June 2015 as a result of the FY 2016-2017 budget.
- While pilots of the new billing codes took place in 2017, full implementation was delayed until 2018. It is too early to assess the effectiveness of this significant systems change.

**System capacity data**

- Other than the MAT provider information described above, there is limited data available to assess the capacity of Ohio's addiction treatment system relative to need.
- OMHAS and ODM have data on behavioral health utilization for the publicly-funded system, but comprehensive statewide data from the privately-funded system (commercial insurance and cash only) is not available.
- Beginning July 1, 2017, ORC 5119.362 requires all community addiction services providers to report "waiting list" data to OMHAS on a monthly basis (posted on the [OMHAS website](#)). However, stakeholders report that this data has significant limitations and does not provide useful information to describe unmet need or system capacity.

- OMHAS is implementing initiatives to increase the behavioral health workforce for specific services, including the DATA 2000 waiver MAT trainings mentioned above, the Ohio Women's Network of providers, enhanced training on the ASAM criteria, ECHO model support and other continuing education.
- The FY 2018-19 state budget included \$6 million to assist OMHAS-certified community behavioral health providers with hiring/developing new entry-level behavioral health professionals and to incentivize existing behavioral health professionals in attaining a higher level of professional recognition (credential), including loan repayment or tuition reimbursement.
- The number of Ohioans participating in evidence-based behavioral health workforce development programs, including efforts to increase workforce diversity, is unknown.

Table 8. **Treatment system capacity and workforce** (cont.)

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
<b>Behavioral health integration</b> (Integration between general health system and specialty substance-use related services) 	<b>Strong evidence alignment</b>	<b>Unknown implementation reach</b>	<ul style="list-style-type: none"> <li>• Continue to implement Behavioral Health Redesign</li> <li>• Identify baseline data and evaluation steps to assess overall impact of Behavioral Health Redesign on addiction treatment capacity, quality and integration with physical health care</li> </ul>
	<b>Behavioral Health Redesign</b> <ul style="list-style-type: none"> <li>• Behavioral health primary care integration, an evidence-based approach, is a key component of Behavioral Health Redesign.</li> <li>• It is too early to assess the effectiveness of this significant systems change or the extent to which care is now integrated throughout the state.</li> </ul>		

\*As identified in the HPIO [Evidence Resource Page: Prevention, Treatment and Recovery](#)

\*\*As of December 2017, as identified in the Ohio policy inventory and information from state agencies. Note that the inventory includes policy changes enacted in 2013 to 2017. Some policies prior to 2013 are included in this detailed scorecard when highly relevant.

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## Recovery

Table 9. Recovery services

Evidence-based policy, program or practice*	Ohio status**		Opportunities for improvement
Recovery housing	Moderate evidence alignment	Weak implementation reach	Increase the number of Ohio Recovery Housing-certified recovery houses throughout the state
Peer support (also referred to as recovery coaching)	Moderate evidence alignment	Weak implementation reach	Extend Medicaid coverage of peer support to include people in recovery from substance use disorder
12-step mutual aid groups focused on alcohol (such as AA)	Strong evidence alignment	Strong implementation reach	Maintain 12-step programs as an option for Ohioans in recovery

\*As identified in the HPIO [Evidence Resource Page: Prevention, Treatment and Recovery](#)

\*\*As of December 2017, as identified in the Ohio policy inventory and information from state agencies. Note that the inventory includes policy changes enacted in 2013 to 2017. Some policies prior to 2013 are included in this detailed scorecard when highly relevant.

## Evidence sources

### Prevention

Table 10. **Appropriate use of, and access to, prescription opioids: Prescribing and dispensing**

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
Opioid prescribing <u>limits</u> for <u>acute</u> pain	Veterans Health Administration, 2017	<a href="#">Acute Pain Management: Meeting the Challenge</a>
	Up to Date, 2018	<a href="#">Prescription of Opioids for Acute Pain in Opioid Naïve Patients</a>
	Centers for Disease Control and Prevention, 2016	<p><a href="#">CDC guideline for prescribing opioids for chronic pain—United States</a></p> <p>Note: There are additional prescribing guidelines listed on the <a href="#">HPIO Evidence Resource Page: Prevention, Treatment and Recovery</a>. However, the National Academies of Sciences, Engineering and Medicine's 2017 consensus study report ("Pain Management and the Opioid Epidemic") describes the 2016 CDC guidelines as the "most recent, comprehensive and influential."</p>
Other opioid prescribing <u>guidelines</u> for <u>acute</u> pain	Veterans Health Administration, 2017	<a href="#">Acute Pain Management: Meeting the Challenges</a>
	Up To Date, 2018	<a href="#">Prescription of Opioids for Acute Pain in Opioid Naïve Patients</a>
Opioid prescribing <u>guidelines</u> for <u>chronic</u> pain (non-cancer, non-terminal pain)	Centers for Disease Control and Prevention, 2016	<p><a href="#">CDC guideline for prescribing opioids for chronic pain—United States, 2016</a></p> <p>Note: There are additional prescribing guidelines listed on the <a href="#">HPIO Evidence Resource Page: Prevention, Treatment and Recovery</a>. However, the National Academies of Sciences, Engineering and Medicine's 2017 consensus study report ("Pain Management and the Opioid Epidemic") describes the 2016 CDC guidelines as the "most recent, comprehensive and influential."</p>
Prescription Drug Monitoring Program (PDMP)	The PEW Charitable Trusts, 2016	<a href="#">Prescription Drug Monitoring Programs: Evidence-based practices to optimize prescriber use</a>
	What Works for Health, County Health Rankings and Roadmaps, 2017	<a href="#">Prescription drug monitoring programs (PDMPs)</a>
E-prescribing of controlled substances (EPCS)	What Works for Health, County Health Rankings and Roadmaps, 2015	<a href="#">Computerized provider order entry (CPOE)</a>

Table 11. **Appropriate use of, and access to, prescription opioids: Non-opioid pain management**

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
<b>Provider and patient education on non-opioid pain management</b>	Prescription Drug Monitoring Program Training and Technical Assistance Center, 2017	<a href="#">Prescription Drug Monitoring Program Training and Technical Assistance Center</a>
	Centers for Disease Control and Prevention, 2016	<a href="#">Nonopioid Treatments for Chronic Pain</a>
<b>Insurance coverage for non-opioid pain management- Complementary and integrative therapies</b> (acupuncture, massage, chiropractic/spinal manipulation)  <b>Insurance coverage for non-opioid pain management- Rehabilitative therapies</b> (physical therapy, occupational therapy, multi-disciplinary)  <b>Insurance coverage for non-opioid pain management- Exercise and movement</b> (tai chi, yoga and other exercise)  <b>Insurance coverage for non-opioid pain management- Psychological</b> (cognitive behavioral therapy, progressive relaxation, mindfulness-based stress reduction, operant therapy)  <b>Insurance coverage for other non-pharmacologic, non-opioid pain management</b> (e.g. biofeedback, laser therapy)  <b>Insurance coverage for non-opioid pain management- Pharmacologic</b> (NSAIDs, muscle relaxants, topicals)	American College of Physicians, 2017	<a href="#">Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians</a>  These guidelines are specific to low back pain. More general guidelines were not identified.
	Veterans Health Administration, 2017	<a href="#">Acute Pain Management: Meeting the Challenge</a>
<b>Prescription drug disposal and take-back programs</b>	National Academies of Science, Engineering and Medicine, 2017	<a href="#">Pain Management and the Opioid Epidemic: Balancing Societal and Individual Benefits and Risks of Prescription Opioid Use</a>  See recommendation 5-1 (allow individuals to return drugs to any pharmacy on any day of the year, rather than relying on occasional take-back events).

Table 12. **Child and family-focused prevention**

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
<b>Early childhood interventions (ages 0-5): Nurse-Family Partnership home visiting program</b>	U.S. Department of Health and Human Services, Office of the Surgeon General, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health (Appendix B)</a>
	National Institute on Drug Abuse, 2016	<a href="#">Principles of Substance Abuse Prevention for Early Childhood: Research-Based Early Intervention Substance Abuse Prevention Programs (Chapter 4)</a>  Note: Nurse-Family Partnership is highlighted here because it is identified by both the Surgeon General's report and the NIDA report, has been evaluated and found to be effective in reducing substance use and is being implemented in Ohio.
	See also: home visiting programs reviewed by the evidence registries on the <a href="#">HPIO Evidence Resource Page: Prevention, Treatment and Recovery</a> , and <a href="#">Home Visiting Evidence of Effectiveness</a> .	
<b>Early childhood interventions (ages 0-5): Other evidence-based home visiting programs</b>	U.S. Department of Health and Human Services, Office of the Surgeon General, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health (Appendix B)</a>
	National Institute on Drug Abuse, 2016	<a href="#">Principles of Substance Abuse Prevention for Early Childhood: Research-Based Early Intervention Substance Abuse Prevention Programs (Chapter 4)</a>
	See also: home visiting programs reviewed by the evidence registries on the <a href="#">HPIO Evidence Resource Page: Prevention, Treatment and Recovery</a> , and <a href="#">Home Visiting Evidence of Effectiveness</a> .	
<b>Early childhood interventions (ages 0-5): Parenting education</b> (such as Incredible Years and similar programs with substance use reduction outcomes)	National Institute on Drug Abuse, 2016	<a href="#">Principles of Substance Abuse Prevention for Early Childhood: Research-Based Early Intervention Substance Abuse Prevention Programs (Chapter 4)</a>  Note: Incredible Years is highlighted here because it is included in the NIDA report and is being implemented in Ohio.
	See also: other parenting education programs reviewed by the evidence registries on the <a href="#">HPIO Evidence Resource Page: Prevention, Treatment and Recovery</a> .	

Table 12. **Child and family-focused prevention** (cont.)

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
<b>School-based universal prevention programs: PAX Good Behavior Game and Botvin Life Skills</b>	U.S. Department of Health and Human Services, Office of the Surgeon General, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health (Appendix B)</a>  Note: PAX Good Behavior Game and Botvin Life Skills are highlighted here because they are included in the Surgeon General's report and are being implemented in Ohio.
	See also: other school-based programs reviewed by the evidence registries on the <a href="#">HPIO Evidence Resource Page: Prevention, Treatment and Recovery</a> .	
<b>School-based universal prevention programs: DARE Keepin' it REAL</b>	U.S. Department of Health and Human Services, Office of the Surgeon General, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health (Appendix B)</a>
	Washington State Institute for Public Policy, 2017	<a href="#">Benefit Cost Analysis: Public Health and Prevention</a>
<b>Other school-based prevention programs for children ages 5-17</b> (universal or selective prevention)	U.S. Department of Health and Human Services, Office of the Surgeon General, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health (Appendix B)</a>
	See also: specific programs reviewed by the evidence registries on the <a href="#">HPIO Evidence Resource Page: Prevention, Treatment and Recovery</a> .	
<b>Mentoring programs for youth</b> (youth peer mentoring, mentoring programs to prevent delinquency, Big Brothers Big Sisters)	What Works for Health, County Health Rankings and Roadmaps, 2016	<a href="#">Youth peer mentoring Mentoring programs: Delinquency Big Brothers Big Sisters</a>
<b>Community or family-based prevention programs for children ages 5-17</b> (universal or selective prevention)	U.S. Department of Health and Human Services, Office of the Surgeon General, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health (Appendix B)</a>
	See also: specific programs reviewed by the evidence registries on the <a href="#">HPIO Evidence Resource Page: Prevention, Treatment and Recovery</a> .	

Table 12. **Child and family-focused prevention** (cont.)

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
Community mobilization to reduce youth access to tobacco	U.S. Department of Health and Human Services, Office of the Surgeon General, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health (Appendix B)</a>
	See also: specific programs reviewed by the evidence registries on the <a href="#">HPIO Evidence Resource Page: Prevention, Treatment and Recovery</a> .	
Enhanced enforcement of laws prohibiting sales of alcohol to minors	The Community Guide, Centers for Disease Control and Prevention, 2006	<a href="#">Alcohol – Excessive Consumption: Enhanced Enforcement of Laws Prohibiting Sales to Minors</a>
	What Works for Health, County Health Rankings and Roadmaps, 2014	<a href="#">Enhanced enforcement of laws prohibiting alcohol sales to minors</a>

Table 13. **Other community-based prevention**

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
<b>Prevention programs for ages 18+</b> (including college and workplace programs)	U.S. Department of Health and Human Services, Office of the Surgeon General, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health (Appendix B)</a>
	See also: specific programs reviewed by the evidence registries on the <a href="#">HPIO Evidence Resource Page: Prevention, Treatment and Recovery</a> .	
<b>Local community prevention coalitions</b> using evidence-based models, such as Communities that Care (CTC) and PROSPER	U.S. Department of Health and Human Services, Office of the Surgeon General, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health</a>  Note: CTC and PROSPER are highlighted here because they are included in the Surgeon General's report and are being implemented in Ohio.
	See also: coalition models and community-wide approaches reviewed by the evidence registries on the <a href="#">HPIO Evidence Resource Page: Prevention, Treatment and Recovery</a> .	
<b>Smoke-free policies</b>	The Community Guide, Centers for Disease Control and Prevention, 2012	<a href="#">Tobacco Use and Secondhand Smoke Exposure: Smoke-Free Policies</a>
	Centers for Disease Control and Prevention, 2014	<a href="#">Best Practices for Comprehensive Tobacco Control Programs</a>
	What Works for Health, County Health Rankings and Roadmaps, 2017	Smoke-free policies for <a href="#">indoor areas</a> and <a href="#">outdoor areas</a>
<b>Increase unit price for tobacco products</b>	The Community Guide, Centers for Disease Control and Prevention, 2012	<a href="#">Tobacco Use and Secondhand Smoke Exposure: Interventions to Increase the Unit Price for Tobacco Products</a>
	Centers for Disease Control and Prevention, 2014	<a href="#">Best Practices for Comprehensive Tobacco Control Programs</a>
	What Works for Health, County Health Rankings and Roadmaps, 2017	<a href="#">Tobacco taxes</a>

Table 13. **Other community-based prevention** (cont.)

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
<b>Media campaigns for tobacco prevention</b>	The Community Guide, Centers for Disease Control and Prevention, 2010	<b>Health Communication and Social Marketing: Campaigns That Include Mass Media and Health-Related Product Distribution</b>
	Centers for Disease Control and Prevention, 2014	<b>Best Practices for Comprehensive Tobacco Control Programs</b>
	What Works for Health, County Health Rankings and Roadmaps, 2014	<b>Mass media campaigns against tobacco use</b>
<b>State funding for tobacco prevention and control</b>	Centers for Disease Control and Prevention, 2014	<b>Best Practices for Comprehensive Tobacco Control Programs</b>
<b>Increase alcohol taxes</b>	The Community Guide, Centers for Disease Control and Prevention, 2007	<b>Alcohol – Excessive Consumption: Increasing Alcohol Taxes</b>
	What Works for Health, County Health Rankings and Roadmaps, 2017	<b>Alcohol taxes</b>
<b>Regulate alcohol outlet density</b>	The Community Guide, Centers for Disease Control and Prevention, 2007	<b>Alcohol – Excessive Consumption: Regulation of Alcohol Outlet Density</b>
	What Works for Health, County Health Rankings and Roadmaps, 2014	<b>Alcohol outlet density restrictions</b>
<b>Dram shop (commercial host) liability and other alcohol sales restrictions</b>	The Community Guide, Centers for Disease Control and Prevention, 2010	<b>Alcohol – Excessive Consumption: Dram Shop Liability</b> See also: systematic reviews for maintaining limits on <b>days of sale</b> and <b>hours of sale</b>
	What Works for Health, County Health Rankings and Roadmaps, 2014	<b>Dram shop liability laws</b> See also: systematic reviews for <b>alcohol days of sale restrictions</b> and <b>drink special restrictions</b>

## Treatment

Table 14. Screening and early intervention

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
<b>Screening, Brief Intervention and Referral to Treatment (SBIRT) for adults</b> and screening practices consistent with the USPSTF screening recommendation for primary care providers (adult alcohol misuse)	Substance Abuse and Mental Health Services Administration, 2013	<b>Systems-Level Implementation of Screening, Brief Intervention and Referral to Treatment: Technical Assistance Publication Series—TAP 33</b>
	U.S. Preventive Services Taskforce, 2013	<b>Alcohol Misuse: Screening and Behavioral Counseling Interventions in Primary Care</b>  <b>Note: B-grade recommendation for adults aged 18 and older.</b>
<b>SBIRT for adolescents</b> and screening consistent with American Academy of Pediatrics Policy statement on alcohol use by youth	U.S. Preventive Services Taskforce, 2013	<b>Alcohol Misuse: Screening and Behavioral Counseling Interventions in Primary Care</b>  <b>Note: I-grade recommendation for adolescents (under 18 years of age)</b>
	American Academy of Pediatrics, 2010	<b>Policy Statement - Alcohol Use by Youth and Adolescents: A Pediatric Concern</b>
<b>Tobacco use screening</b>	U.S. Preventive Services Task Force, 2015	<b>Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions</b>  <b>Note: A-grade recommendation for adults and pregnant women</b>

Table 15. **Treatment services**

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
Medication-Assisted Treatment for <u>opioid</u> use disorder	U.S. Department of Health and Human Services, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health</a>
	U.S. Department of Veterans Affairs and Department of Defense, 2015	<a href="#">VA/DoD Clinical Practice Guidelines for the Management of Substance Abuse Disorders</a>
	The American Society of Addiction Medicine, 2015	<a href="#">ASAM National Practice Guideline for the use of Medications in the Treatment of Addiction Involving Opioid Use</a>
Medication-Assisted Treatment for <u>alcohol</u> use disorder	U.S. Department of Health and Human Services, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health</a>
	U.S. Department of Veterans Affairs and Department of Defense, 2015	<a href="#">VA/DoD Clinical Practice Guidelines for the Management of Substance Abuse Disorders</a>
	The American Psychiatric Association, 2018	<a href="#">Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder</a>
Behavioral therapies/Psychosocial treatment for substance use disorder	U.S. Department of Health and Human Services, 2016	<a href="#">Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health</a>
	U.S. Department of Veterans Affairs and Department of Defense, 2015	<a href="#">VA/DoD Clinical Practice Guidelines for the Management of Substance Abuse Disorders</a>
Treatment for infants with Neonatal Abstinence Syndrome (NAS)	Substance Abuse and Mental Health Services Administration, 2018	<a href="#">Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants</a>
Treatment for pregnant women with substance use disorder, including appropriate use of MAT	The American Society of Addiction Medicine, 2015	<a href="#">ASAM National Practice Guideline for the use of Medications in the Treatment of Addiction Involving Opioid Use</a>
	U.S. Department of Veterans Affairs and Department of Defense, 2015	<a href="#">VA/DoD Clinical Practice Guidelines for the Management of Substance Abuse Disorders</a>

Table 15. **Treatment services** (cont.)

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
Treatment for justice-involved clients with substance use disorder, including appropriate use of MAT	The American Society of Addiction Medicine, 2015	<a href="#">ASAM National Practice Guideline for the use of Medications in the Treatment of Addiction Involving Opioid Use</a>
	The National Center on Addiction and Substance Abuse, 2017	<a href="#">Ending the Opioid Crisis: A Practical Guide for State Policymakers</a>
Drug courts and specialized dockets	The National Center on Addiction and Substance Abuse, 2017	<a href="#">Ending the Opioid Crisis: A Practical Guide for State Policymakers</a>
	What Works for Health, County Health Rankings and Roadmaps, 2016	<a href="#">Drug courts</a>
Treatment for justice-involved clients with substance use disorder, including appropriate use of MAT	The American Society of Addiction Medicine, 2015	<a href="#">ASAM National Practice Guideline for the use of Medications in the Treatment of Addiction Involving Opioid Use</a>
	The National Center on Addiction and Substance Abuse, 2017	<a href="#">Ending the Opioid Crisis: A Practical Guide for State Policymakers</a>

Table 15. **Treatment services** (cont.)

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
Tobacco cessation treatment within healthcare setting	U.S. Preventive Services Task Force, 2015	<b>Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and pharmacotherapy interventions</b>
	The Community Guide, Centers for Disease Control and Prevention, 2012	<b>Tobacco Use and Secondhand Smoke Exposure: Reducing Out-of-Pocket Costs for Evidence-Based Cessation Treatments</b>
	What Works for Health, County Health Rankings and Roadmaps, 2017	<b>Tobacco cessation therapy affordability</b>
Tobacco cessation treatment within healthcare setting: Pregnant women	U.S. Preventive Services Task Force, 2015	<b>Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and pharmacotherapy interventions</b>  <b>Note: A-grade recommendation for adults and pregnant women</b>
	The Community Guide, Centers for Disease Control and Prevention, 2012	<b>Tobacco Use and Secondhand Smoke Exposure: Reducing Out-of-Pocket Costs for Evidence-Based Cessation Treatments</b>
	What Works for Health, County Health Rankings and Roadmaps, 2017	<b>Tobacco cessation therapy affordability</b>
Tobacco quitlines and mobile phone-based cessation programs	The Community Guide, Centers for Disease Control and Prevention, 2012	<b>Tobacco Use and Secondhand Smoke Exposure: Quitline Interventions</b>
	What Works for Health, County Health Rankings and Roadmaps, 2017	<b>Tobacco quitlines</b>
	The Community Guide, Centers for Disease Control and Prevention, 2011	<b>Tobacco Use and Secondhand Smoke Exposure: Mobile Phone-Based Cessation Interventions</b>
	What Works for Health, County Health Rankings and Roadmaps, 2016	<b>Cell phone-based tobacco cessation interventions</b>

Table 16. Treatment system, workforce capacity, access and coverage

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
<b>Insurance coverage: Access to coverage, including Medicaid</b>	U.S. Department of Health and Human Services, 2016	<b>Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health</b>
	The National Center on Addiction and Substance Abuse, 2017	<b>Ending the Opioid Crisis: A Practical Guide for State Policymakers</b>
<b>Insurance coverage: Parity for behavioral health care</b>	U.S. Department of Health and Human Services, 2016	<b>Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health</b>
	The National Center on Addiction and Substance Abuse, 2017	<b>Ending the Opioid Crisis: A Practical Guide for State Policymakers</b>
	What Works for Health, County Health Rankings and Roadmaps, 2015	<b>Mental health benefits legislation</b>
<b>Treatment system capacity</b>	U.S. Department of Health and Human Services, 2016	<b>Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health</b>
	The National Center on Addiction and Substance Abuse, 2017	<b>Ending the Opioid Crisis: A Practical Guide for State Policymakers</b>
<b>Behavioral health workforce</b>	What Works for Health, County Health Rankings and Roadmaps, 2017	<b>Higher education financial incentives for health professionals serving underserved areas</b>
	What Works for Health, County Health Rankings and Roadmaps, 2015	<b>Health career recruitment for minority students</b>
	What Works for Health, County Health Rankings and Roadmaps, 2017	<b>Career pathways and sector-focused employment</b>
<b>Behavioral health integration</b> (Integration between general health system and specialty substance-use related services)	U.S. Department of Health and Human Services, 2016	<b>Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health</b>
	The National Center on Addiction and Substance Abuse, 2017	<b>Ending the Opioid Crisis: A Practical Guide for State Policymakers</b>

## Recovery

Table 17. **Recovery Services**

Evidence-based policy, program or practice	Evidence sources	
	Organization and year	Report, guideline or evidence registry
<b>Recovery housing</b>	National Alliance for Recovery Residences (NARR), 2017	<b>NARR Standards Version 2.0</b>
	U.S. Department of Health and Human Services, 2016	<b>Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health (Chapter 5)</b>
<b>Peer support</b> (also referred to as recovery coaching)	U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, 2009	<b>What are Peer Recovery Support Services?</b>
	U.S. Department of Health and Human Services, 2016	<b>Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health (Chapter 5)</b>
<b>12-step mutual aid groups focused on alcohol</b> (such as AA)	U.S. Department of Health and Human Services, 2016	<b>Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health (Chapter 5)</b>

## Notes

1. Ohio Administrative Code (OAC) § 4731-11-13
2. "When opioids are used for acute pain, clinicians should prescribe the lowest effective dose of immediate-release opioids and should prescribe no greater quantity than needed for the expected duration of pain severe enough to require opioids. Three days or less will often be sufficient; more than seven days will rarely be needed." CDC guidelines.
3. *Ohio Guideline for the Management of Acute Pain Outside of Emergency Departments*. The Governor's Cabinet Opiate Action Team, 2016. <http://mha.ohio.gov/Portals/0/assets/Initiatives/GCOAT/Guidelines-Acute-Pain-20160119.pdf>
4. *Ohio Guidelines for Prescribing Opioids for the Treatment of Chronic, Non-Terminal Pain 80 mg of a Morphine Equivalent Daily Dose (MED) "Trigger Point"*. The Governor's Cabinet Opiate Action Team, 2013. <http://mha.ohio.gov/Portals/0/assets/Initiatives/GCOAT/Guidelines-Chronic-Pain.pdf>
5. "Clinicians should use caution when prescribing opioids at any dosage, should carefully reassess evidence of individual benefits and risk when increasing dosage to ≥50 morphine milligram equivalents (MME)/day, and should avoid increasing dosage to ≥90 MME/day or carefully justify a decision to titrate dosage to ≥90 MME/day." CDC guidelines.
6. Information provided directly by the Ohio Board of Pharmacy, 3/27/18.
7. American Medical Association. "Fact sheet: Physicians' and Other Health Care Professionals' Use of State Prescription Drug Monitoring Programs." (2017).
8. The Pew Charitable Trusts. "Prescription Drug Monitoring Programs: Evidence-based Practices to Optimize Prescriber Use." (2016)
9. Centers for Disease Control and Prevention. *Prevention Status Reports*. (2015).
10. Prescription Drug Monitoring Program Training and Technical Assistance Center <http://www.pdmpassist.org/>
11. Research indicates that EPCS reduces medication errors and adverse drug events, improves patient safety and increases adherence to clinical guidelines. EPCS is not specific to opioids, but can be used for opioid prescriptions.
12. *OH EPCS Prescriber and Pharmacy Enablement Status – October 2017*. SureScripts, 2018.
13. OAC § 4731-29-01
14. OAC § 4729-8-02
15. OAC § 4729-8
16. Information provided directly by the Ohio Department of Health to HPIO, January 2018.
17. Health Policy Institute of Ohio, "Connections Between Education and Health: The Importance of Early Learning." (2017)
18. Office of Juvenile Justice and Delinquency Prevention, *Model Programs Guide, Review of Drug Abuse Resistance Education (DARE) (1983-2009)*
19. *ibid*
20. Ohio Attorney General Mike DeWine, "Ohio Joint Study Committee on Drug Use Prevention Education." (2017)
21. Attorney General DeWine Awards #2.7 Million in Grants for Drug Use Prevention Education, 8/2/17 press release: [http://www.ohioattorneygeneral.gov/Media/News-Releases/August-2017/Attorney-General-DeWine-Awards-\\$2-7-Million-in-Grants](http://www.ohioattorneygeneral.gov/Media/News-Releases/August-2017/Attorney-General-DeWine-Awards-$2-7-Million-in-Grants)
22. "Safe Schools and Health Students: Program Overview," Ohio Mental Health and Addiction Services, accessed April 2, 2018. <http://mha.ohio.gov/Default.aspx?tabid=908>
23. CDC Prevention Status Reports rate Ohio's cigarette tax as "yellow," indicating moderate implementation of recommended policies, based on comparison of cigarette tax rates in other states.
24. CDC Prevention Status Reports rate Ohio's state funding for tobacco control as "red," indicating weak implementation of recommended policies.
25. CDC Prevention Status Reports rate Ohio's beer and wine taxes as "red," indicating weak implementation of recommended policies, based on comparison of alcohol tax rates in other states.
26. CDC Prevention Status Reports rate Ohio's commercial host (dram shop) liability as "yellow," indicating moderate implementation of recommended policies.
27. National Quality Forum (NQF) metric 28: Percentage of patients aged 18 years and older who were screened for tobacco use one or more times within 24 months AND who received cessation intervention if identified as a tobacco use.
28. OAC § 4731-33 (proposed)
29. Ohio Department of Mental Health and Addiction Services, "Regional Judicial Opioid Initiative Ohio Team: Providers of Medication Assisted Treatment and Status of Specialized Dockets as of January 2018." (2018)
30. *ibid*
31. *ibid*
32. Substance Abuse and Mental Health Services Administration, "National Survey of Substance Abuse Treatment Facilities (N-SSATS): 2016." (2017).
33. C. William Swank Program on Rural-Urban Policy at The Ohio State University, "Taking Measure of Ohio's Opioid Crisis." (2017).
34. Avalere analysis of SAMHSA Opioid Treatment Program Directory and CDC WONDER data. <http://avalere.com/expertise/life-sciences/insights/midwest-and-mid-atlantic-states-face-provider-shortage>
35. The American Society of Addiction Medicine (ASAM), "ASAM National Practice Guideline for the use of Medications in the Treatment of Addiction Involving Opioid Use." (2015)
36. Data provided by ODM to HPIO show that in FY 2016, five percent of Medicaid managed care enrollees age 18+ received cessation medication and two percent received cessation counseling. According to the 2015 Ohio Medicaid Assessment Survey, 42 percent of Medicaid enrollees age 19-64 smoke.
37. HPIO, "State Policy Options to Reduce Tobacco Use and Secondhand Smoke Exposure." (2017)
38. Substance Abuse and Mental Health Services Administration, "National Survey of Substance Abuse Treatment Facilities (N-SSATS): 2016." (2017)
39. HPIO analysis of U.S. Census Bureau data. 2016 American Community Survey 1-year estimates, accessed through the American FactFinder. "Table B27001 - Health Insurance Coverage status by sex by age." U.S. Census Bureau. Accessed Feb 14, 2018. [https://factfinder.census.gov/bkmk/table/1.0/en/ACS/16\\_1YR/B27001/0400000US39](https://factfinder.census.gov/bkmk/table/1.0/en/ACS/16_1YR/B27001/0400000US39)
40. Ohio Department of Mental Health and Addiction Services, OhioMHAS Public Database, accessed 2/26/18: <http://workforce.mha.ohio.gov/Workforce-Development/Job-Seekers/Peer-SupporterCertification#44810>