

# HPIO completes work on Ohio's State Health Improvement Plan

In late September, HPIO completed the 2020-2022 State Health Improvement Plan (SHIP). The plan is expected to be released by the Ohio Department of Health (ODH) later this year.

Facilitated by HPIO, under contract with ODH, the SHIP was developed with input from hundreds of Ohioans through:

- Regional forums and an online survey completed in 2018 (622 participants)
- A Steering Committee made up of representatives from 13 state agencies, including sectors beyond health
- An Advisory Committee with 176 participants, including subject matter experts from around the state who participated in work teams to set objectives and select strategies



The SHIP's overall goal is that all Ohioans achieve their full health potential. To track progress toward this goal, the SHIP measures improved health status and reduced premature death for Ohioans, as well as 35 other measurable objectives across six priority areas:

- Community conditions
- Health behaviors
- Access to care
- Mental health and addiction
- Chronic disease
- Maternal and infant health

The SHIP also takes a comprehensive approach to achieving equity and addressing the many factors that shape our health. According to the SHIP, health equity is achieved when all people in a community have access to affordable, inclusive and quality infrastructure and services

that, despite historical and contemporary injustices, allow them to reach their full health potential.

ODH and other state agencies will use the SHIP to guide policy and funding decisions.

In addition to state agencies, the SHIP is designed to be implemented by a wide range of public and private partners, including local health department(s); hospital(s); Alcohol, Drug and Mental Health (ADAMH) boards; Area Agencies on Aging; boards of developmental disabilities; philanthropy; school districts; housing organizations; employers; and others. The menu of objectives and strategies in the SHIP provides flexible options for rural, Appalachian, suburban and urban communities, as well as approaches to improve outcomes for Ohioans of all ages.

The purpose of the SHIP is to guide the efforts of a wide range of public and private partners to address the most difficult health challenges facing Ohio, thereby improving the state's health and wellbeing. Local health departments and behavioral health providers, for example, can contribute to school district efforts to reduce chronic absenteeism by reducing asthma triggers and providing mental health early intervention services. Health systems can direct community benefit investments to support the goal of increasing affordable housing units. Working together, all partners can increase the effectiveness of their investments.

The 2020-2022 SHIP is Ohio's roadmap to address the many challenges identified in the [2019 State Health Assessment \(SHA\)](#). Given the scope and complexity of Ohio's health challenges, the SHIP calls for cross-sector partnerships and alignment to meet a manageable set of measurable goals. ODH also contracted with HPIO for work on the SHA.

## Ohio legislators present at HPIO forum on personal responsibility, healthy behavior

In October, HPIO hosted a forum titled "Promoting Healthy Behaviors and Personal Responsibility: Politics, Perceptions and Health."

In Ohio and across the country, there is growing interest in encouraging healthy behaviors and promoting personal responsibility to improve health. This forum explored the role policymakers and others can play in engaging people in their own health.

Among the speakers at the Columbus forum were Ohio House of Representatives Speaker Pro Tempore, Jim Butler (R-Oakwood) and Rep. Allison Russo (D-Upper Arlington), both of whom serve on the House Health Committee.

The forum was rated as "good" or "excellent" by 96% of attendees in a post-forum survey. The event was rated as accurate and credible by 100% of survey respondents and 98% said it was objective and balanced.

"I appreciate the caliber of presenters," one attendee said. "Their knowledge, passion and dedication is inspiring and affirming."



**Rep. Jim Butler**



**Rep. Allison Russo**

### Thank you to our funders

The following core funders are advancing the health of Ohioans through informed policy decisions:

- Interact for Health
- Mt. Sinai Health Care Foundation
- Saint Luke's Foundation of Cleveland
- The George Gund Foundation
- The Cleveland Foundation
- Sisters of Charity Foundation, Cleveland
- Sisters of Charity Foundation, Canton
- HealthPath Foundation
- Cardinal Health Foundation
- Mercy Health
- Nord Family Foundation
- CareSource Foundation
- North Canton Medical Foundation
- SC Ministry Foundation

### Upcoming HPIO Forum

## Health consequences of loneliness and social isolation

Social isolation and loneliness are emerging health policy issues in the U.S. that significantly impact health and wellbeing. Both issues have the potential to lead to conditions such as anxiety, depression and substance abuse. This forum will explore the effects of social isolation and loneliness over the life course and address the drivers of the issues, the impact on health for various populations and policy approaches to improve health outcomes.

#### Speakers include:

- **Dr. Sara Konrath**, Assistant Professor, Philanthropic Studies, Indiana University-Purdue University Indianapolis
- **Lynda Flowers**, Senior Strategic Policy Advisor, AARP

**When:** 9:30 a.m. to 2 p.m.  
**Friday, Dec. 13, 2019**

**Where:** **Ohio University**  
**Dublin Integrated Education Center**  
6805 Bobcat Way  
Dublin, OH 43016

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